



## World Tang Soo Do Association Region #5 Black Belt Camp Youth Participant Parent's Guide



**Welcome!** This manual includes information that will be helpful for you and your child in preparation for Black Belt Camp. If you have any additional questions or concerns, please contact your instructor. This guide is intended to present you with as much information as possible to best prepare everyone for camp.

### ***Why must my child attend Dan Camp?***

The World Tang Soo Do Association is committed to a high level of achievement when awarding a Black Belt to its members, even children. For this reason, attendance of Dan Camp is required to test for Black Belt, and to maintain their standing as an active Black Belt. The Association's three mottos given by the late Grandmaster Jae Chul Shin are traditionalism, professionalism, and brotherhood. Dan camp was designed to maintain and instill these values in our Black Belts. Dan Camp allows students to meet and interact with a number of instructors from around the region and world-renowned instructors from around the Association.

Training with others from outside your own school can be intimidating for some children but will bring insight and perspective not available by training in familiar settings. The experience will foster your child's leadership potential, physical skills, and can create life long friendships.

Students who are already Black Belts can easily fall into comfortable training routines, Dan Camp is a unique opportunity to train with other of similar or advanced ability and renew their passion for the Art of Tang Soo Do. Many students make breakthroughs at, or soon after camp, from being re-engaged in the path towards becoming Master- our ultimate goal.

Finally, Dan camp is an opportunity for Instructors, from around the region, to become familiar with Dan candidate's attitude, behavior, and physical ability prior to testing for their Black Belt, or higher rank. The Association is committed to testing Black Belts on a regional level, where a panel of instructors from around the region evaluate each candidate. Being familiar with each candidate's Tang Soo Do journey helps the panel evaluate the challenges that candidate has overcome along their path to Black Belt, and if they have reached their potential.

### ***What will my child do at Camp?***

Each camper will participate in training events geared towards enhancing their Tang Soo Do education. Hour long clinics occur throughout the camp and range in topic from clinics on Hyung (forms) as learned in class at your local Dojang to specialty clinics on things such as sword one-steps or escrima sticks. The specialty clinics vary from year-to-year so check this year's planned activities. Each camper will also participate in lectures designed to augment their understanding of the Code of Conduct of a Black Belt, the annual camp theme and the goals of Tang Soo Do – betterment of one's mind, body and spirit.

In addition to martial arts skills, students will participate in team building activities, as well as fun activities like rock climbing or swimming. The inclusion of such non-martial arts activities is designed to let the campers relax, have fun and learn to work as a team. Each camper will have a limited amount of free time to socialize with the other campers and get to know students from other schools (Dojangs).

### **Conduct at Camp**

We work to maintain an atmosphere of mutual caring, respect and understanding at camp. Proper participation and conduct by each camper is expected and includes, but is not limited to the following rules:

- Respect other's feelings and property
- Cooperate with each other
- Listen to your counselors and instructors
- Stay with your cabin buddy/buddies
- Clean up after yourself

Please discuss and reinforce these behavioral expectations with your child. All activities are supervised by Counselors and Instructors.

### **Weather Conditions**

Weather can be unpredictable. In warmer weather, campers should be prepared with light clothes (and maybe even a fan) as the cabins are not air-conditioned. Additionally, an extra change of clothes and extra (uniform) Do Bohk is a good idea in case of rain. Activities will take place rain or shine. In truly inclement weather activities will be moved indoors.

### **Medical Information**

The camp has an infirmary and medical staff on site in case of an injury or emergency. Each parent is required to: (1) submit medical questionnaire form along with camp registration application, (2) assign a power of medical attorney (3) provide insurance information.

Each camper who uses any medication, prescription or non-prescription, must ensure that they bring enough to camp for their entire stay. All medications must be in their original containers. All campers taking any medication must notify their cabin counselor immediately upon arrival at camp (this information will be taken from the camper's application and put on the list given to the counselor). While at camp, medications will be held and dispensed by either the counselor or medical staff; parents should specify their preference. Individual campers may hold emergency medications, such as heart medication, inhalers and bee sting pens after the cabin counselor is notified of such a need.

Please also note on the camp application if your camper has any allergies. If your camper has a food allergy, arrangements can be made with the dining staff with advance notice. If your child has food allergies, please provide a list of what your camper can eat as well as a list of what your camper cannot eat along with the camp applications (participants are welcome to bring their own food).

Remember to ensure that each counselor and instructor is familiar with your camper's medical requirements all important information must be disclosed on the camp application.

The WTSDA does not carry medical insurance for campers while attending camp. Please review your own health insurance plan to be certain that your child has proper coverage. In the event your child needs medical assistance from a medical facility, you and your medical insurance provider will be responsible for

such costs. Feel free to make sure your child has a copy of proof of insurance while camp for the weekend. In the event of illness or injury where the child cannot continue to participate in the weekend's events, the parent will be notified to pick up the child within a reasonable amount of time.

### **Camp Information**

Camp Tecumseh YMCA Outdoor Center, 12635 W. Tecumseh Bend Rd., Brookston, IN. 47923

Phone: 765-564-2898

[www.camptecumseh.org](http://www.camptecumseh.org)

### **Registration and Fees**

As stated in the camp application, all campers must be registered by the deadlines noted on the application. The fees include lodging and the following meals: Friday – late night snack; Saturday – breakfast, lunch, dinner; Sunday – brunch.

### **Frequently Asked Questions**

#### **Q What does my child need to bring?**

**A** There is a list of items to bring on the invitation/information sheet attached with the registration form.

#### **Q What if my child forgets to bring something?**

**A** Instructors/counselors and other campers can usually provide extras of most items. However, each camper should take care to use a checklist when preparing for camp to make sure they remember items that are specific and particular to each camper.

#### **Q What time do I drop off my child?**

**A** Drop-off and check-in is between 4:30 and 6 pm. You should plan to bring your child into camp and drop him/her off at the designated drop off point where a counselor will check each camper in and direct him/her to his/her cabin to begin the weekend. Any questions or concerns should be addressed to the counselor at the check-in point.

#### **Q What day is camp over? What time do I pick up my child?**

**A** Camp is over on Sunday. Parents are responsible for picking up their own child or ensuring that they have arranged for a ride home with another camper. Campers may leave as early as the completion of the Closing Ceremony/Brunch (which typically begins at 11 am and is completed around 12 pm) but they should be picked up no later than 1:00 pm.

#### **Q What qualifications do the Instructors and Counselors have?**

**A** All instructors are certified WTSDA instructors. All instructors and counselors are required to undergo a criminal background check to the WTSDA prior to acceptance as an instructor or counselor. Volunteers who have questionable backgrounds that might impact the ability to provide your child with a safe environment will not be accepted as instructors or counselors.

#### **Q What do I do if my child has special needs (medical, dietary)**

**A** Please note on the camp application any special needs, including the need for medication, special medical attention or dietary restrictions. In the case of dietary restrictions, please provide both what your child can and cannot consume in advance with the camp application.

**Q How can I get in touch with my child in case of an emergency?**

**A** If your child has a cell phone with them at camp, feel free to call them. Please note that the camp is in a rural location and not all carriers have excellent coverage in the area. Also, during different activities your child may not have their cell phone near them. Please do not hesitate to alert the camp staff at the emergency contact number provided in this manual and/or the camp application.

**Q How can my child get in touch with me in case of an emergency?**

**A** If your child has a cell phone with them, they will be free to call you. Also, as part of the camp application, you are required to provide contact information. In the case of an emergency camp staff will call you at the number(s) listed on the application.

**Q What if my child gets sick/injured?**

**A** The camp has medical personnel on location. In the event of a minor injury (scraped knees, etc.) where treatment can be administered by such staff, it will be administered, and you may be notified by telephone. In the event of a more severe incident requiring additional attention, appropriate medical staff at a local hospital or treatment center will see to your child.

**Q What are the sleeping quarters like?**

**A** All cabins are wood structure with bathroom and shower facilities. Each cabin will have between 10 and 16 campers and two counselors. All will sleep on bunk beds. Please see the applicable camp website for photo information on each camp.

**Q Are there counselors and instructors on duty at all times?**

**A** Yes. From the moment check in starts until your child is picked up, the counselors and instructors are on duty. They will be with the campers during meals, activities and during the night. During the evening free time, there are counselors and instructors stationed throughout the camp to provide supervision to campers as well as patrolling the entire camp. Camp staff is also on site and on duty the entire weekend to assist the WTSDA instructors, counselors and campers.

**Q Should I provide my child with food/drinks to bring?**

**A** Meals will be provided by the camp. However, campers may enjoy having a few snacks between activities and in the evening. As the activities are all athletic in nature, it is recommended that such snacks be healthy ones. Your child may enjoy having his or her own supply of water or Gatorade (or similar) in addition to the drinks provided by the camp.